



Educational Sports Programs

WE TEACH CLASSES **HERE** AT **SCHOOL!**

Amazing Athletes is an educational multi-sport program that sets kids on a path to an active & healthy lifestyle by teaching them the basics of 10 sports, health, and nutrition.



PLAY

- | | |
|-------------------|----------------------|
| BASKETBALL | HOCKEY |
| FOOTBALL | GOLF |
| VOLLEYBALL | BASEBALL |
| TENNIS | LACROSSE |
| SOCCER | TRACK + FIELD |

LEARN



INTRODUCTION TO NUTRITION

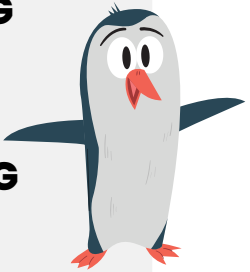


MUSCLE IDENTIFICATION



PERFORM

- BALANCING
- CATCHING
- JUMPING
- RUNNING
- THROWING
- KICKING



CLASS DETAILS

- We come to school during the day!
- Weekly Classes for 35 Minutes
- Includes T-shirt
- All equipment provided
- High Energy + Action Packed
- For ages 2.5-6 years old

CLASS BREAKDOWN

- Warm up + Obstacle Course
- Active Education - Muscle + Nutrition
- Motor Development Skill + Activity
- Sport One
- Sport Two
- Cooldown

AGES 2.5 - 6

CONTACT US:

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SCAN TO ENROLL



OR VISIT OUR SITE

